

St Teresa's Hospital

Health Screening & Diagnostic Centre

Preparing yourself for Medical Check-up

1. Please call our Centre for schedule of check-up appointment.
2. Please bring along your I.D. Card, Passport or valid Hong Kong Travel Visa for registration. "Health Screening and Diagnostic Centre" is located on 1/F, Main Block.
3. Keep fasted after midnight before your appointment (sips of water is allowed).
4. Special precautions for patient on specific testing:
 - (1) Exercise Treadmill Test
 - Bring sport shoes, wear loose and comfortable clothes.
 - For hypertensive clients, please bring anti-hypertensive drugs for doctor's review but withhold before assessment.
 - (2) Urea Breath Test
 - Stop taking antibiotics for 1 month and antacids for 2 weeks. The test has to be postponed if you are taking these drugs.
 - Inform our staff before examination if you are taking these drugs.
 - (3) Stool Test
 - Bring your stool sample collected within 24 hours of examination.
 - (4) Fasting blood test
 - For diabetic clients, withhold your hypoglycemic agents / insulin until the examination is completed.
5. For female clients, medical check-up is not recommended during period to five days after period.
6. It is advisable to bring along your recent X-ray or Ultrasound films for comparison.
7. All examinations must be completed in one month and report should be taken in three months.
8. If you have any queries, please feel free to contact us.

Service hour: Mondays to Fridays 08:00 – 16:00, Saturdays 08:00 – 12:00,
Closes on Sundays & public holidays.