

Speech and language difficulties in Adults

Speech and language difficulties in adults may include aphasia, apraxia, dysarthria, stuttering, and voice disorders.

Some causes of speech and language difficulties

- Amyotrophic Lateral Sclerosis (ALS)
- Dementia
- Laryngeal Cancer
- Oral Cancer
- Stroke
- Traumatic Brain Injury

Diagnosis

The speech therapist will evaluate the individual through detailed case history, articulation tests and language assessments. The speech therapist will then determine the type and severity of the impairment and the appropriate treatment plan.

Treatments

The speech therapist will design a treatment plan depending on the individual's need. For example, oromotor muscle exercises can help the person practice correct mouth movements for sounds. In other cases, the speech therapist may educate the patient about the appropriate voice use technique for treating voice disorder.