



Tel: (852) 22003434

Website: [www.sth.org.hk](http://www.sth.org.hk)

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- \* Mongkok: by red line minibus, get off at Lomond Road
- \* Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- \* Mongkok East: about 5 minutes by taxi
- \* Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154

References:

[www.21.ha.org.hk/smartpatient](http://www.21.ha.org.hk/smartpatient)

Effective since: 1 March 2022

PFE-EPI-4-E014



St. Teresa's Hospital  
聖德肋撒醫院

## Mammogram

### Examination Information

#### 程序簡介



# Mammogram



## Radiology Department

1/F, Main Block,

St. Teresa's Hospital

Phone : (852) 2200 3112

Working Hours: 08:30-17:00 (Monday to Friday)  
08:30-13:00 (Saturday)

## Introduction

Mammography is a special x-ray of the breast. It is a radiological procedure capable of detecting breast cancer. As x-ray passes through the breast tissue, an actual picture of the tissue inside is obtained. This image allows radiologist to determine whether or not cancer is present. If you are not having any breast problems, you will be scheduled for a screening mammogram. If you are having problems, then you should be scheduled for a diagnostic mammogram.

We also provide ultrasound scanning of breasts, an examination that is complementary to a mammogram exam. If necessary, a fine needle aspiration (FNA) or a biopsy of suspicious lesion may be performed to confirm diagnosis.

## Procedure

1. Please inform our staff before the procedure if you think you are or may be pregnant.
2. During the procedure, a plastic paddle will compress your breast and cause discomfort.
3. Your breasts will be compressed a few seconds for each x-ray. Although this will be slightly uncomfortable, it is necessary to ensure an accurate exam.
4. You will be asked to change positions between images. The process will be repeated for the other breast.
5. Many women experience increased tenderness of the breasts prior to menstruation. If this applies to you, please avoid scheduling your mammogram at this time to minimize any additional discomfort.
6. We may stop if you find compression intolerable.

## Preparation

1. If you have had a mammogram at a different facility other than our hospital, please bring the films with you prior to your appointment. We would like to view those films for comparison.
2. Do not apply any deodorant, powder or cream on the day of your exam.

## After the test

- After the test, you may have pain for a short period of time. In rare situation, bruise may occur in some patients.

## Results of the test

- The results will be available in 3 working days
- Pathology results will be available within 1 week

We have other services including 3D Mammogram and Mammotome which can facilitate detection of early breast cancer.

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