



St. Teresa's Hospital
聖德肋撒醫院



- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- * Lok Fu: 5 mins by taxi
- * Mongkok: by red line minibus, get off at Lomond Road
- * Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- * Mongkok East: about 5 minutes by taxi
- * Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154

Laser Treatment

Reference:
U.S. Food and Drug Administration

Effective date: 1/02/2022
PFE-EPI-5-E014

皮膚激光及整形外科中心
Skin Laser & Plastic Surgery Centre



Laser Treatment

Skin Laser & Plastic Surgery Centre

1/F Block East, St. Teresa's Hospital

Tel:(852) 2200 3211

Working Hours:

09:00-19:00 (Monday to Saturday)

Introduction

Skin Laser Therapy encompasses treatments to remove pigmented lesions (e.g. birth marks, vitiligo, sun spots) and vascular lesions (e.g. spider veins, port-wine stains), treat acne scar, resurface the skin, and remove tattoos or body hair.

Results of the laser treatment vary from person to person, depending on the type of the lesion, size of the affected area, the color of the skin and the depth of the lesion. Multiple treatments may be necessary and each session is conducted every 4 to 6 week.

Before the Treatment

- Avoid excessive heat exposure e.g. rigorous exercises, sauna and hot spring.
- Should stop taking any light-sensitive drugs (For example: isotretinoin, tetracycline, vitamin A derivatives e.g. Retin-A).
- Topical anesthetic cream can be applied before the treatment to soothe your uncomfortable conditions.

During the Treatment

1. You can discuss your expectations and questions on laser treatment with your doctor during the consultation. Doctor will explain the therapeutic effects, possible side-effects and complications of laser treatment to patient and informed consent will be signed.

2. Please remove all makeup and cleanse the face.
3. Standardized clinical photos should be taken before treatment as documentation.
4. Doctor/healthcare professionals will ask about your allergy history and past health history.
5. Please inform the doctor/health professionals if you have any abnormal feeling from the anaesthesia cream.
6. Patient will wear protective eyewear throughout the treatment. A beam of light is transmitted through a handpiece that is gently placed on the treatment area. You may feel mild pain and tenderness. Inform the doctor immediately if you have any discomfort or abnormal feeling.

After the Treatment

Redness, tenderness, bruising, crusting, oozing and swelling of the skin can occur after the procedure. A cold pad can be applied to soothe the treatment area. About 1 to 3 days after the treatment, the treated area may develop blisters or erosions, in this case, please inform the doctor immediately. Antibiotic cream can be applied to the treated area; two to three times per day as prescribed. Erosions normally healed with scab formations, which usually fall off spontaneously in one to two weeks. Otherwise, you can just apply moisturizing cream as per doctor prescribed.

Pigmentary changes (white or brownish spots, or uneven pigmentation) may result, especially the dark-skinned patient. This can last for few months. Rarely, the pigmentary change can be permanent.

Skin texture change, scarring or infections are possible risks. Occasionally, hypertrophic scar, keloid or deeply depressed scar can occur. If herpes simplex is noted, please come back to follow up.

Care instruction after treatment

- Cleanse your skin with water or gentle cleanser.
- Protect your skin with mild, non-medicated moisturizer.
- Do not scratch off the scab.
- Apply antimicrobial cream or moisturizing cream to the treatment area as prescribed.
- Avoid excessive heat exposure e.g. rigorous exercises, sauna, and hot spring.
- Avoid alcohol drinking and smoking
- Avoid waxing and shaving
- Apply sunscreen with at least SPF50 or above (anti-UVB) and PA ++++ (anti-UVA) in daytime and outdoor activities.

Risks

- ※ Erythma
- ※ Blister
- ※ Folliculitis
- ※ Infection
- ※ Activation of herpes simplex
- ※ Scarring
- ※ Transient or permanent discoloration
- ※ Hypopigmentation
- ※ Post-inflammatory hyperpigmentation
- ※ Anaphylactic drug reactions
- ※ Redness, itchiness at treatment sites

Please contact us if you have any enquiries.

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