



St. Teresa's Hospital
聖德肋撒醫院



Intense Pulsed Light (IPL) Treatment

Reference:
U.S. Food and Drug Administration

Effective date: 1/02/2022
PFE-EPI-5-E013

- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- * Lok Fu: 5 mins by taxi
- * Mongkok: by red line minibus, get off at Lomond Road
- * Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- * Mongkok East: about 5 minutes by taxi
- * Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154

皮膚激光及整形外科中心
Skin Laser & Plastic Surgery Centre



IPL Treatment

Skin Laser & Plastic Surgery Centre

1/F Block East, St. Teresa's Hospital

Tel:(852) 2200 3211

Working Hours:

09:00-19:00 (Monday to Saturday)

Introduction

The MultiLight (Photoderm) is an intense pulsed light (IPL) device used for the treatment of benign brown pigmentations, benign vascular and hair removal. The purpose of the IPL treatment is to improve the appearance of the skin. This noninvasive treatment uses many wavelengths or colors of light to treat skin conditions, such as age spots, sun-damaged skin, cutaneous lesions, benign pigmented epidermal lesions (such as freckles), and vascular lesions (such as redness, rosacea, spider veins).

IPL treatments are a series of treatments at three to six weeks intervals with gradual clearing occurring over this time. The clinical result may vary from patient to patient. IPL is a chronic treatment, please be patience to obtain the desired result.

Before the Treatment

- Avoid excessive heat exposure e.g. rigorous exercises, sauna, and hot spring.
- Should stop taking any light-sensitive drugs (For example: isotretinoin, tetracycline, vitamin A derivatives e.g. Retin-A).

During the Treatment

1. You can discuss your expectations and questions on IPL treatment with your doctor during the consultation. Doctor will explain the therapeutic effects, possible side-effects and complications of IPL treatment to patient and informed consent will be signed.
2. Please remove all makeup and clean the face.
3. Standardized clinical photos should be taken before treatment as documentation.
4. Doctor/healthcare professionals will ask about your allergy history and past health history.
5. Patient will wear protective eyewear throughout the treatment. A cold gel will be applied to the patient's skin. A broad spectrum of light is transmitted through a handpiece which is gently placed over the skin. You may feel a slight sting, like the snapping of a small rubber band, during the IPL treatment. Inform the doctor immediately if you have any discomfort or abnormal feeling.

After the Treatment

Your skin may develop erythema and mild edema after IPL treatments. It may last for a few days under normal conditions. Some patient may take a longer period to subside. Cold pad can be applied to soothe the treatment area if necessary.

A temporary condition of mild redness may occur afterwards. Part of the treated areas may have hyperpigmentation or eschar formation, which will be detached after a few days.

The pigmented lesion may become darker in color temporarily. This is normal and usually lasts for 3 to 5 days. In some cases, the skin may have mild erosion. You can use water for gentle cleansing. Do not use skin toner, cosmetic products or receive any cosmetic procedures when the erosion or wounds have not yet healed up. If you experience severe burning or hot sensation, please contact our medical staff as soon as possible. Do not use other medication or skincare products yourself.

Care instruction after treatment

- Clean your skin with water or gentle cleanser.
- Protect your skin with mild, non-medicated moisturizer.
- Can wear light make-up.
- Avoid excessive heat exposure e.g. rigorous exercises, sauna and hot spring.
- Avoid alcohol drinking
- Apply sunscreen with at least SPF50 or above (anti-UVB) and PA ++++ (anti-UVA) in the daytime and outdoor activities.

Risks

- ※ Burns
- ※ Blisters
- ※ Scarring
- ※ Hypopigmentation (Skin discolorations)
- ※ Hyperpigmentation

*Please contact us if you have any enquiries.

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