



St. Teresa's Hospital
聖德肋撒醫院

Filler Injection

- We provide "Octopus hourly parking services"
- Green Line Minicab: 2, 17M, 25M, 46, 70,
- Red Line Minicab: Mongkok to San Po Kong / Wong Tai Sin / Kowloon City
- Public Buses: 1, 1A, 2A, 6D, 7B, 9, 12A, 13D, 16, 24, 27, 42, 95, 98C, 113, 203E, 296C, N216
- MTR
- * Lok Fu: 5 mins by taxi
- * Mongkok: by red line minibus, get off at Lomond Road
- * Sung Wong Toi: Exit B1, about 5-10 minutes walk
- East Rail Line
- * Mongkok East: about 5 minutes by taxi
- * Kowloon Tong: by green line bus no. 25M
- Rehabus (Dial-a Ride): (852) 2817 8154

Reference:
U.S. Food and Drug Administration

Effective date: 1/02/2022
PFE-EPI-5-E012

皮膚激光及整形外科中心
Skin Laser & Plastic Surgery Centre



Filler Injection

Skin Laser & Plastic Surgery Centre

1/F Block East, St. Teresa's Hospital

Tel:(852) 2200 3211

Working Hours:

09:00-19:00 (Monday to Saturday)

Introduction

Dermal filler is a gel-like material and is similar to hyaluronic acid which naturally occurring by the human body. Its effect is long-lasting, but not permanent. It can be used in different parts of the patient based on his or her particular needs. It can be used to soften facial fine lines and wrinkles, and for lips and facial shaping. Filler injection cannot stop the aging process, but it can improve the appearance. The dermal filler once injected will be slowly absorbed by the body. Repeated treatments are necessary in order to maintain the effect of filler over time. The length of effect for the filler injection is variable. The treatment takes about 15-30 minutes.

Before the Treatment

Before filler injection, you should stop taking any blood-thinner drugs, such as aspirin, warfarin, or certain vitamin supplements. These drugs may lead to increased bruising or bleeding in the injection site.

During the Treatment

1. You can discuss your expectations and questions on filler injection with your doctor during the consultation. Doctor will explain the therapeutic effects, possible side-effects and complications of dermal filler to patient and informed consent will be signed.
2. Please remove all makeup and cleanse the face.
3. Standardized clinical photo should be taken before treatment as documentation.
4. Doctor/healthcare professionals will ask about your allergy history and past health history.
5. The filler is injected into the skin with a fine needle to reduce wrinkles or create volume. Inform the doctor immediately if you have any discomfort or abnormal feeling.

After the Treatment

The most common post-treatment reaction is slight redness, swelling, itching, bruising, pain, tenderness and mild allergic reactions. The reactions are generally mild to moderate and usually disappear shortly after injection. They usually resolve spontaneously within a few days to a week. Please consult doctor immediately if there are consistent discomfort and abnormal reactions.

You should avoid rubbing the treatment area within a few hours after the treatment.

A cold pad can be used to soothe the treatment area if necessary.

Care instruction after treatment

- Do not massage the treatment area.
- Avoid excessive heat exposure e.g. rigorous exercises, sauna, and hot spring.
- Avoid alcohol drinking.
- Cleanse your skin with water or gentle cleanser.
- Protect your skin with mild, non-medicated moisturizer.
- Apply sunscreen with at least SPF50 or above (anti-UVB) and PA ++++ (anti-UVA) in the daytime and outdoor activities.

Risks

Although the injectable fillers have no serious side effects, there are still very few risks and complications in the process of injection and recovery period.

- ※ Facial Bleeding, Bruising, Redness, Swelling, Tenderness, Itching, Pain, Skin Lumpiness, Visible dermal filler material, and, Asymmetry
- ※ Damage to Deeper Structures
- ※ Infection
- ※ Allergic Reactions and Hypersensitivity
- ※ Scarring
- ※ Migration
- ※ Granulomas / Abscess

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