

St. Teresa's Hospital
Eye Centre
Patient Information
LASIK Pre- and Post-Treatment Care

Pre-treatment

- Patients who wear gas-permeable or hard contact lenses must stop wearing their contact lenses completely at least 21 days prior to the initial eligibility examination and surgery. Patients who wear soft contact lenses must stop wearing their soft contact lenses completely at least 7-14 days prior to the eligibility examination and surgery.
- Pre-LASIK checking includes refraction, corneal mapping, corneal thickness, pupil size and ocular health.
- You should inform Doctor of any medications you are taking, so as to account for the risk of allergic reactions, drug reactions, and other potential complications during the LASIK surgery and subsequent treatment.

On Surgery Day

- Leave with escort after surgery.
- No cosmetic or perfume on the surgery day.
- Do not drive on surgery day.

Post treatment

- Immediately after the procedure, vision will be blurry. You may experience some redness in the white part of the eyes. Some patients report a foreign body sensation in the eye and tearing. Call 22003240 or doctor's pager for emergency.
- The eye shields should be worn for the first day and first week while sleeping to avoid accidental trauma to the eyes.
- Stop any eye make-up for the first week.
- Avoid exposing the eye to tap water during bath or shower, as such non-sterile water may increase the risk of infection.
- Avoid vigorous exercise for 1 month, like swimming and ball game.
- Wear sun-glasses to prevent foreign bodies from getting into the eyes and protect them from ultraviolet light when you are outdoors.

Follow-up

- To ensure precise outcome, patient need to have post-operative follow up as per ophthalmologist-in-charge's advice up to six months after the treatment (1 day, 1 week, 1 month, 3 month, 6 month)

